A DAY IN THE LIFE OF A PRACTICE NURSE

Presentation to the Patient Participation Group
Tuesday 29th June 2010
Welcome

Thank you for coming
Ideal time to introduce our Nursing Team and update you on what they do

A number of changes this year

1. Wendy Green – Lead Nurse
2. Sarah Briddon – Senior Practice Nurse
3. Annie Drake – Practice Nurse
4. Helen Burkimsher – Practice Nurse
5. Elaine Tomlinson – Health Care Assistant
Why do we need Practice Nurses?

We always have & they have been an important part of General Practice service provision

Over the past few years the role has become ever more important as:

1. The work load and demands on General Practice have risen
2. Management of chronic disease
3. Shift to primary based care
4. Advent of contracts between General Practice and Primary Care Trusts
What does this change of workload mean?

GPs need to have a resource who can deal with the front line maintenance of care

Nurses have had to invest time & commitment to enhance their skills and knowledge

Patients benefit by having a skilled clinician who is dealing with issues like theirs every day in a Primary Care setting
What Qualifications does a Practice Nurse need?

All will have had 3 years general training
Some will have degrees
  1. Nursing degree
  1. Further post graduation training
  1. Masters degree
Specialist training
Diplomas chronic conditions
Typical Practice Nursing Team Structure

Lead Nurse
1. Usually a Nurse Practitioner

Senior Practice Nurse
1. Usually a specialist in Chronic disease
2. Maybe a Nurse Prescriber

Practice Nurse
1. Often training towards a Senior role

Health Care Assistant
Health Care Assistant

Supports other healthcare professionals

Work under the supervision of the Practice nurses

Undertakes physical measurements e.g. BP, and Spirometry

Basic dressings

Ensures the Surgery’s stocks and equipment are maintained
Practice Nurse

Delivers nursing care
Provides health promotion
Carries out vaccinations
Dressings
Smear tests
Knowledge of chronic disease management
Injections + assisting with surgical interventions
Smoking cessation
Assess and manages the care needs of patients
Working within set protocols and implementing clinical policies
Liaising with other members of the health care team
IT literate
Senior Practice Nurse

A nurse at this level will carry out all the same duties as a Practice Nurse.

They will have a specialist qualification which could be at degree level.

Run specialist clinics for chronic disease/minor illness.

Assess and manage care needs for patients.

Initiating treatment.
A nurse at this level will carry out all the duties of a Practice/Specialist nurse
Assess patients
Independent Nurse Prescriber
Plans and implements care
Is a lead specialist in a defined area of nursing care
Oversees the nursing team to include training and education
Clinical audits
Professional Responsibilities of a Practice Nurse

Treat people as individuals and respect their dignity
Work with others to promote health and well being of patients in our care
Provide a high standard of care
Be honest and act with integrity and uphold the reputation of the nursing professions
Ensure they maintain their skills and keep up to date
Have a personal development plan
How is this achieved and managed?

- Nurses registration with the Nursing Midwifery Council
- Setting standards for education, practice and conduct
- Training and updating
- Practice protocols
So what does a typical day look like at King Edward Road Surgery?

HOUSEKEEPING

Check all the equipment is working and documenting this
Preparing rooms for the patients to be seen
Informing the Doctors of results of test undertaken by the nurse
Liaising with the Doctors nurses and administration staff
Ensuring laboratory samples are correctly filled in
Documenting information on the computer
Health and safety of the patients and staff
Ordering equipment, dressings
So what does a typical day look like at King Edward Road Surgery?

**CLINICAL**

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Questions?