



Christchurch Medical Centre
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The practice is currently auditing our Proton Pump Inhibitor (PPI) prescribing in accordance with The National Institute for Health and Care Excellence (NICE) guidelines.

All medication should be reviewed regularly to ensure it is still appropriate for you and we are minimising any risks of side effects.

Long-term use of PPIs can be associated with an increase the risk of low magnesium levels, vitamin B12 deficiencies, gastrointestinal infections, dementia, and bone fragility.

Our recent audit identified that you are being prescribed a PPI (Omeprazole, Esomeprazole, Lansoprazole, Pantoprazole or Rabeprazole). We would like to discuss this with you to see if it is still appropriate and ensure we have appropriate monitoring in place for you.